

# JACK & SALLY PLUSH DOLLS



a free sewing pattern by



# JACK & SALLY PLUSH

This is Halloween! In preparation for the spookiest season, this tutorial goes over how to make a pair of dolls to look like Jack Skellington and Sally from *The Nightmare Before Christmas*. They have a cute sitting pose and big expressive faces. Jack's clothes are built into his body while Sally's dress is removable. Since Sally's dress is so iconic, the instructions go over how to construct your own patchwork version using a quilting technique called **foundation paper piecing**.

## DIFFICULTY:



These plush have a lot of details which make the project take some extra time. Such as the pinstripes on Jack or Sally's patchwork dress. The most difficult parts are likely attaching Sally's hair or lining up the precise points on the legs.

## jack:



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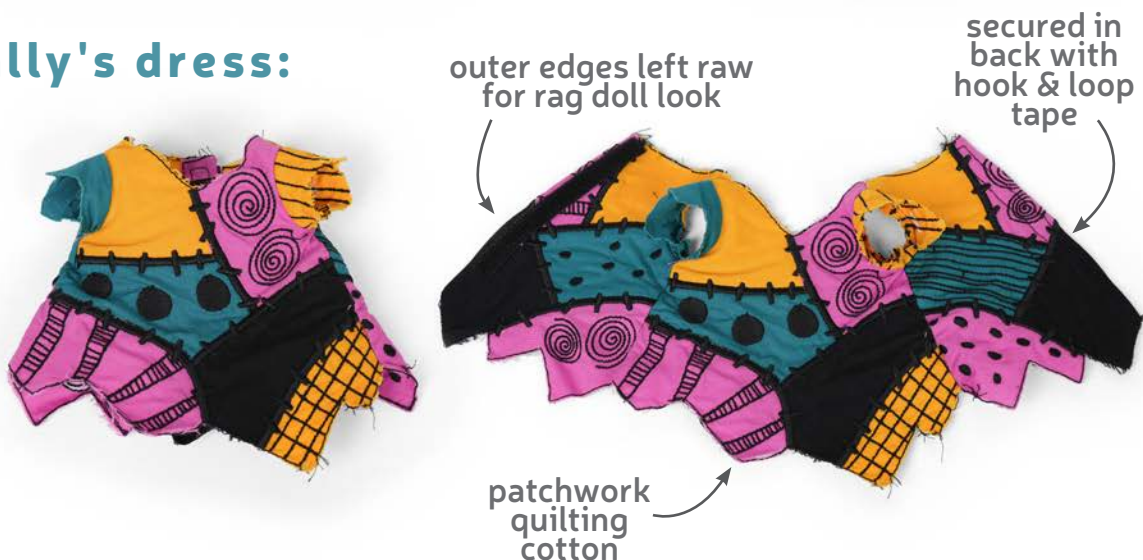
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**SKILLS USED:**

- Fusible web applique
- Curved sewing
- Darts
- Ladder stitch
- Sewing small pieces
- Matching notches and points
- Top stitching
- Using hook and loop tape

**MAKES:**

**ONE PLUSH:** about 7" tall from bottom of body to top of head, 4" wide from each side of head, and 4" long from end of feet to back of body.

**sally:****sally's dress:****sew desu ne?**| [WWW.CHOLYKNIGHT.COM](http://WWW.CHOLYKNIGHT.COM) |



## MATERIALS & TOOLS:

- sewing thread to match main fabric and applique fabrics
- poly-fil stuffing
- 8" x 4" of scrap fabric for poly pellet pouch
- poly pellets
- spoon or funnel for filling poly pellets
- basic sewing tools (sewing machine, scissors, iron, needles, pins, fabric marker, seam ripper)

### jack:

- ¼ yd. of black plush fabric for body
- ¼ yd. of white plush fabric for head
- 7" x 3" of black felt for bat bow tie
- 4" x 3" of black applique fabric for Jack's face
- 2" x 2" of white applique fabric for shirt and button
- 5" x 5" of light or heavy duty fusible web

### sally:

- ¼ yd. of light blue plush fabric for body
- ¼ yd. of red plush fabric for hair
- 1/8 yd. of black plush fabric for shoes
- 1/8 yd. of white plush fabric for shorts

- Five 5" x 5" squares of yellow quilting cotton for dress patchwork
- Six 5" x 5" squares of pink quilting cotton for dress patchwork
- Four 5" x 5" squares of teal quilting cotton for dress patchwork
- Three 5" x 5" squares of black quilting cotton for dress patchwork
- Black fabric marker for dress motifs
- 6" x 3" of medium blue applique fabric for stitches
- 3" x 3" of white applique fabric for eyes
- 3" x 3" of black applique fabric for eyelashes and pupils
- 2" x 2" of red applique fabric for lips
- 6" x 6" of light or heavy duty fusible web
- 4" of hook and loop tape (preferably extra narrow; the kind meant for dolls)

## FUSIBLE WEB:

- Fusible web adhesive is a sheet of adhesive with a paper backing. **Not to be confused with fusible interfacing**, which is adhesive attached to a fabric/fiber backing.
- Some common brands are **Pellon** & **HeatnBond**
- In countries outside the US, it may also be known as **bondaweb**
- It comes in **light** and **heavy duty** varieties. Lightweight strength is meant for applique you intend to sew later. Heavy duty versions are for a no-sew bond. If you try to sew them later your machine might have trouble penetrating the glue.



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## fabric comparison:



MINKY VS. FELT



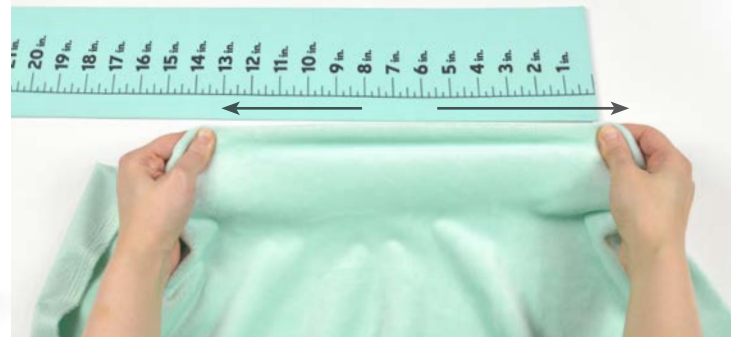
## SUGGESTED FABRICS:

**FOR DOLL: MINKY OR FLEECE**

Medium weight, plush fabrics with about 20%-30% stretch along the crosswise grain work best for this project. The varieties shown to the left are some good options and names to look for. Try to avoid heavyweight versions of fleece that are intended for outdoor apparel or they may cause trouble for the detailed areas.

You can also use non-stretch fabrics (such as felt), but be aware that the curves will be more difficult to sew and the result will look different. The plush will become more elongated and the edges will look pointier.

10" of minky  
stretches to 13"  
= 30% stretch



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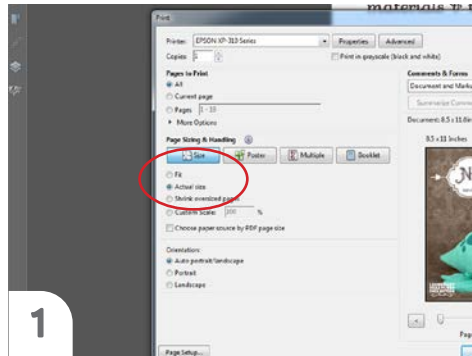
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## PRINTING THE PATTERN:

Set your computer to print **PAGES 35-42**.

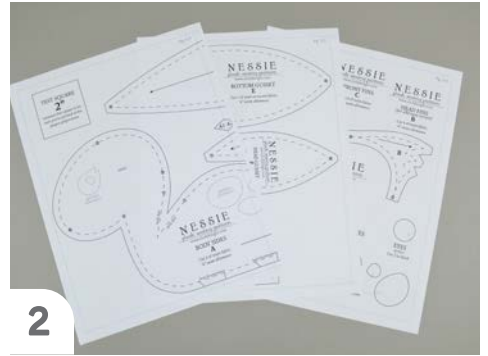
If you're unfamiliar with printing and assembling a .pdf pattern, read the steps to follow.

For the best results, use a .pdf reader like **ADOBE READER**. That's what is shown here and will give you the most control over the settings.



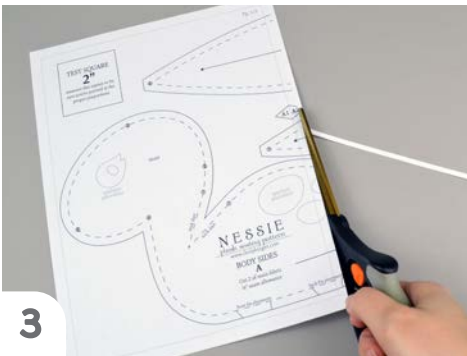
1

At the print dialog box, check the box that says print at "Actual Size" or 100%. Any other selection (such as "Fit to page") will distort the pattern so it's slightly larger or smaller and we don't want that.



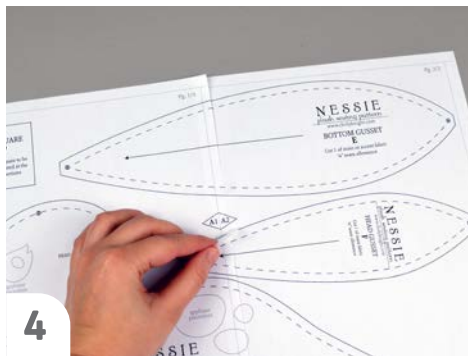
2

Print the pages needed for the file. You might have one or more. Either way, be sure you have the full collection by noting the page numbers in the corner.



3

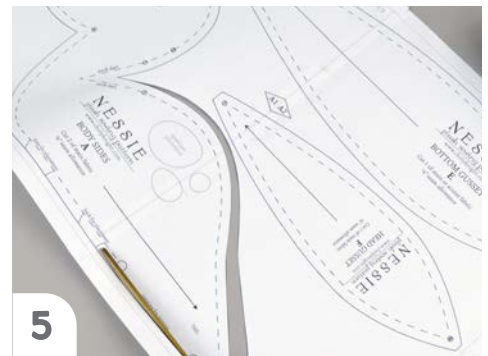
It's likely your printer will have a margin that ensures your image doesn't print to the very edge. Assembly will be easier if you trim off this blank margin edge. This will give you pages that overlap slightly during assembly. If you trim across the gray outline boxes, this will give you pages that don't overlap but rather butt against each other.



4

To line up the pattern pages, match up the corresponding diamond shapes. Each diamond will have a letter, so it's simply a matter of matching A1 to A2, B3 to B4 and so on. The faint gray lines indicate the border of every page, you should be able to line those up as well. When the diamond goes together, tape it in place.

If you have many pages, it's easier to tape up the pages into rows first. Then tape the rows together into a full block.



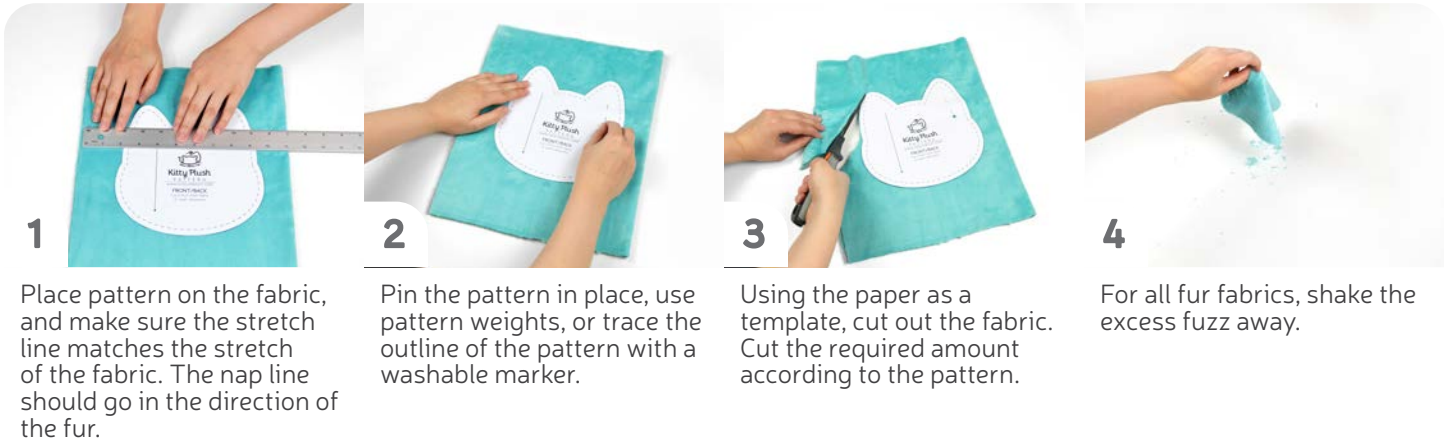
5

You can trace the patterns onto a different paper, or you can also just cut them straight from the printer paper -- be sure that each piece is fully taped together along the joins so they don't fall apart when you cut them.

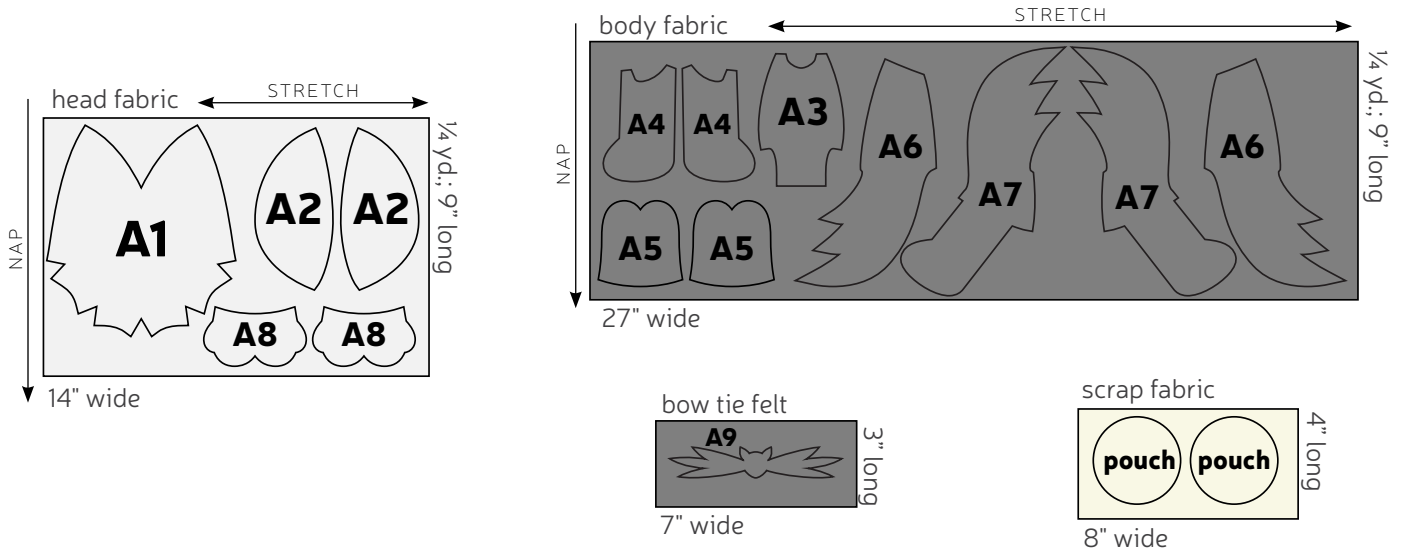
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## CUTTING THE FABRIC:



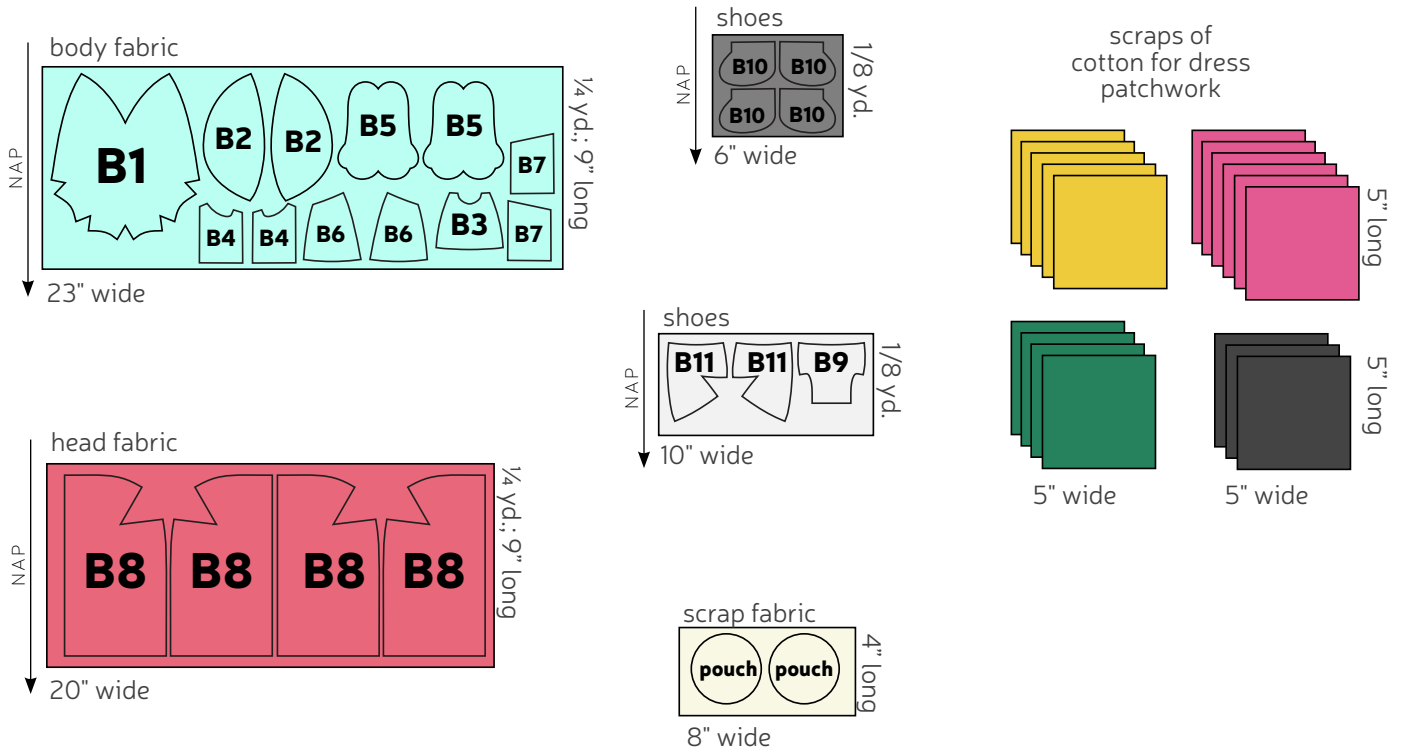
## CUTTING LAYOUT: JACK



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## CUTTING LAYOUT: SALLY



## BEFORE YOU BEGIN:

- Briefly read the project instructions so you know what to expect.
- If desired, mark the cut fabric pieces with the markings and symbols from the pattern. Or wait until the applicable step before transferring.
- Note that a 1/4" seam allowance is used throughout the project, which is included in the pattern templates.

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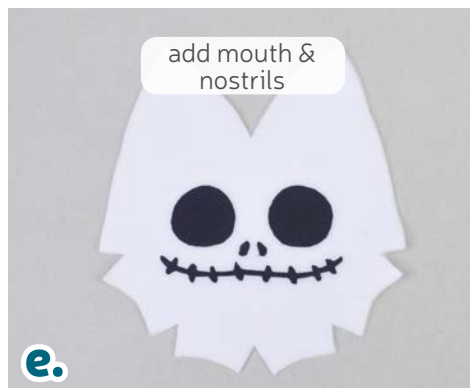
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## 1. PREPARE THE FACE APPLIQUE

- Grab your fusible web and applique templates. Trace the pieces you want for your doll's face. Here we're building **JACK'S** face. For that, you'll want to trace:
  - **eyes** (2)
  - **mouth** (1)
  - **nostrils** (2)
- Fuse the bumpy (adhesive) side of the fusible web onto the applique fabrics, following the color guides on the paper templates. For **JACK** there's:
  - **eye, mouth, & nostrils** on black
- Cut out your applique pieces and your **HEAD FRONT** piece (1) Grab your first applique layer, here it's the **eyes**. Set your paper pattern on top of the head front piece. Align the applique piece on top where the placement markings are. Next, carefully pull the paper pattern away while holding the applique piece in place.



- Fuse the first applique layer (the **eyes**) with your iron. Use a press cloth, such as a scrap piece of cotton. This will help protect any polyester or fuzzy fabrics from melting or scorching.
- Add the smaller layers next, here it's the **mouth** and **nostrils**.
- If you're building **SALLY'S** face, you'll want to trace:
  - **eyes** (2, white)
  - **lashes** (8, black)
  - **face stitches** (1, medium blue)
  - **wrist stitches** (2, medium blue)
  - **pupils** (2, black)
  - **lips** (1, red)
  - **mouth stitches** (1, medium blue)
  - **nose** (1, medium blue)

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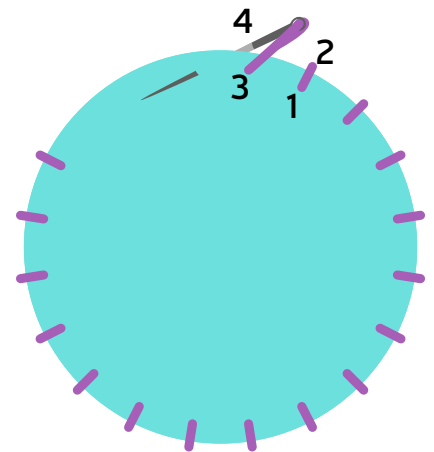
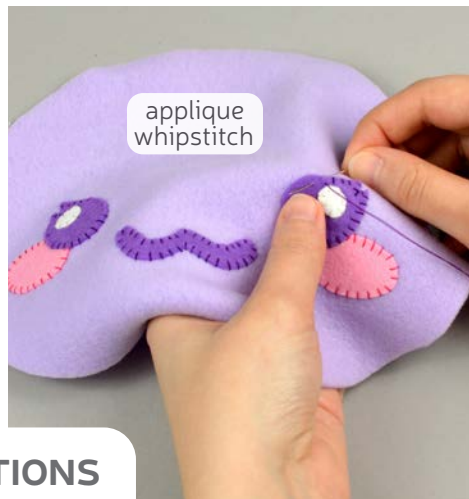
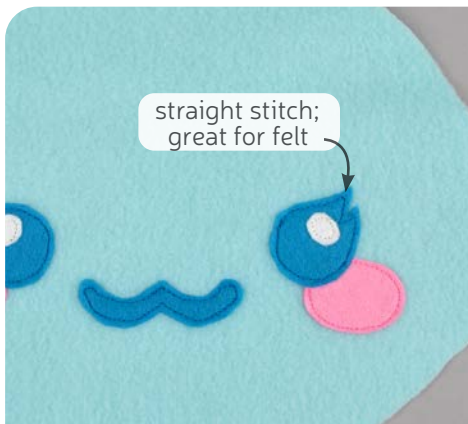


## 2. SEW THE REMAINING BODY APPLIQUE

- Take this time to also applique your other body pieces using the same method. **JACK'S BODY FRONT** piece (A3) gets a **shirt** at the top and a **button** beneath it. Additional top stitched pinstripes also help.
- Meanwhile **SALLY'S ARMS** (B5) get **wrist stitch** applique.
- Lastly **JACK'S BOW TIE** (A9) gets little **eyes** for the bat.

If you used heavy duty fusible web, you can keep the pieces fused without sewing, or you can sew them in place a number of ways. I've used a zigzag stitch here.

→ Refer to the next step for some other applique options.



## 3. OTHER APPLIQUE OPTIONS

- Other good options for applique include a straight stitch, which involves sewing around the edge of the applique pieces with a straight stitch using matching thread -- about 1/8" in from the edge.
- You can also applique by hand; I prefer a whipstitch. Thread a hand-sewing needle with some matching thread and knot it. Bring the thread up from the back of the project; about 1/8" in from the edge of the applique shape. Bring it down perpendicular from the curve, just outside of the applique shape. This completes one stitch.
- For the next stitch, bring the needle back up about 1/8" away from the previous stitch and 1/8" in from the edge just as in the first stitch. Once again, bring it down just outside the applique shape. Continue this way until you've sewn around the shape.

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#### 4. SEW THE UPPER DART

- Grab your **HEAD FRONT** piece (1). Note that it has several **darts** all around the edge of the piece. If you need extra help, you can transfer the **dart stitching lines** by tracing them from the paper pattern. Cut along the wedge shape, then trace the seam line onto the wrong side of your fabric.
- We're going to sew the **top center dart** first. Fold the head front in half with right sides facing so the slanted edges match up.
- Sew from the opening of the **dart** into the fold of the fabric following the line you traced. For the best results, try to blend your stitching into the fold of the fabric so it makes a curve. This will create a rounder finish for your plush without points at the tip.



#### 5. SEW THE CHIN DARTS

- Move onto sewing the **bottom chin darts**. Fold the fabric along the point of one of the **darts** so the slanted edges match up.
- Sew the **darts** similar to the previous one. Getting a curve here is especially important so the chin doesn't look pointy. Repeat for all 5 **darts** along the bottom edge of the head front.
- The finished head front should look something like the third photo when complete.

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## 6. SEW THE HEAD BACK

- Grab your **HEAD BACK** pieces (2). Align them with right sides together and the raw edges matching up.
- If you haven't already, note the **opening for turning marking** found on the paper pattern for the head back. Sew the pieces along this edge, but leave the **opening for turning** that you marked earlier.
- Open up the pieces when complete.

- Grab your **HEAD FRONT** piece from before (1). Align it with your head back piece so right sides are facing. The **top center dart** should match up with the **center back seam**, and the **bottom center dart** should also match up with the **back seam**. Pin the fabrics together.

- Sew the head front to the head back all the way around the shape.

→ *Set aside your head for a bit while we make the body. Skip ahead to step 10 for **JACK**, or continue to step 8 for **SALLY**.*



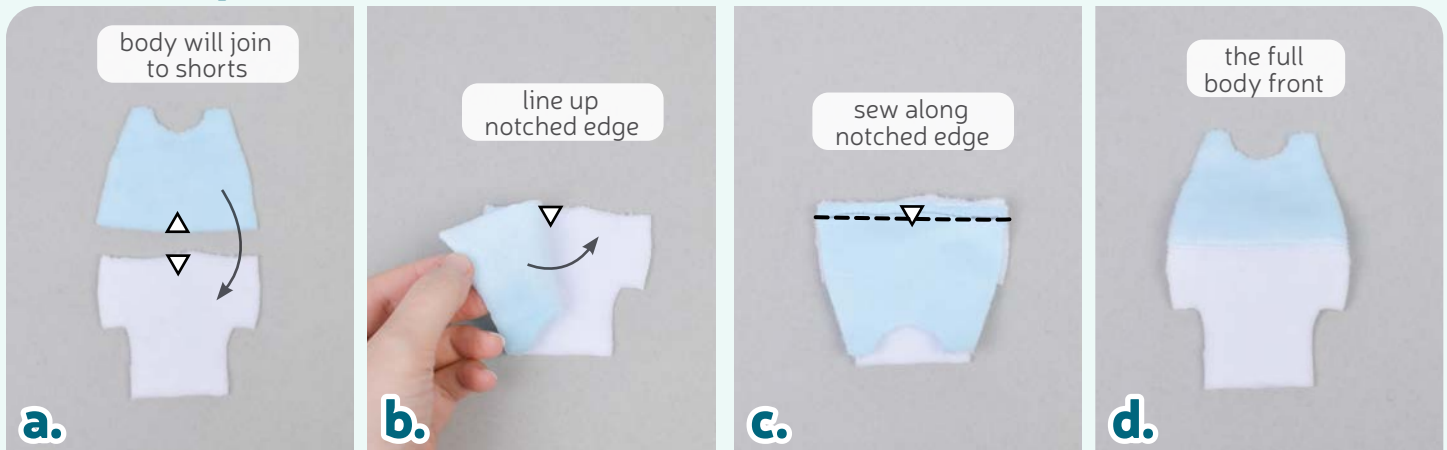
## 7. ATTACH THE HEAD BACK

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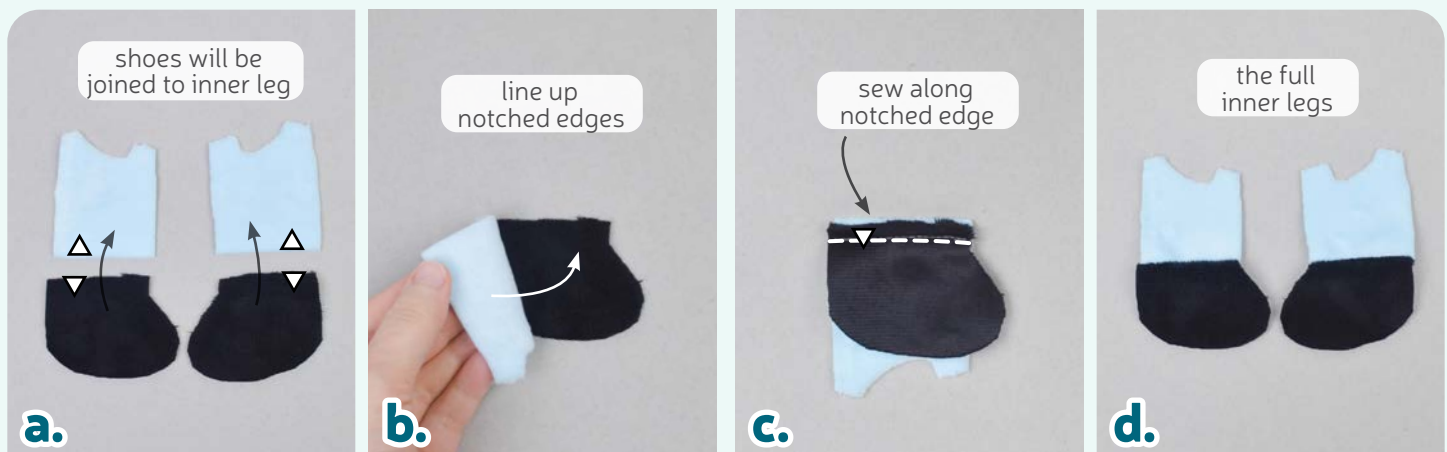


## for sally:



## 8. ATTACH SALLY'S FRONT SHORTS

- Grab your **BODY FRONT** (B3) and **SHORTS FRONT** piece (A3). These pieces will be joined together next along the center edges. These are marked with **notches** for extra help.
- Align the body front with the shorts along the **notched edge**. Pin the fabrics together.
- Sew the body to the shorts along the **notched edge**.
- Open up the pieces for the complete body front.

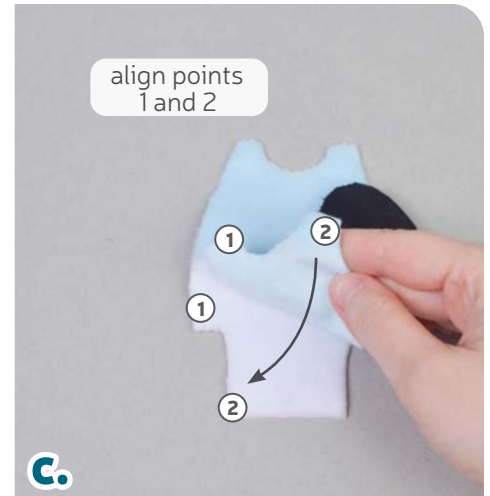


## 9. ATTACH SALLY'S INNER LEG SHOES

- Grab your **INNER LEG** (B4) and two of your **SHOE** pieces (B10). These pieces will be joined together next along the straight edges. These are marked with **notches** for extra help.
- Align the shoe with the inner leg along the **notched edge**. Pin the fabrics together.
- Sew the shoe to the inner leg along the **notched edge**.
- Open up the pieces for the complete inner leg.

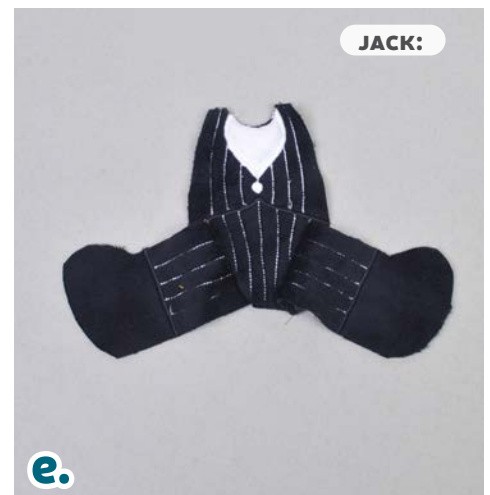
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## 10. ALIGN AND SEW THE INNER LEGS

- a. If you're making **JACK**, you may want to sew some **top stitching lines** for his suit pinstripes. Grab your **INNER LEG** pieces (B4) and use the paper pattern as a guide for the **top stitching lines**. Sew top stitching lines down the inner leg with white thread to create pinstripes.
- b. Grab your **BODY FRONT** (3) and **INNER LEG** pieces (4). They'll be joined together along the inner curves next. But they also have **numbered points** for help with alignment, **points 1 and 2**.
- c. Align one of your inner legs with one side of your body front so right sides are facing and **points 1 and 2** match up.



- d. Sew the inner legs to the body front from **point 1 to 2**.
- e. Repeat for both legs so you have a leg on each side of the body front. This completes the full front half of the body.

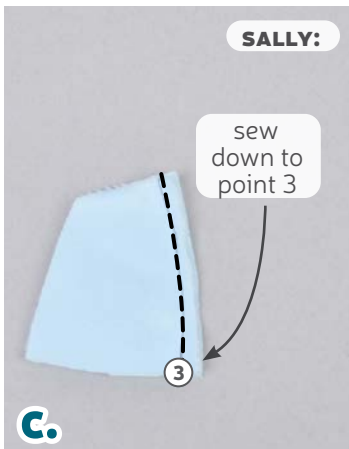
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## 11. SEW THE BODY BACK

- a. Grab your **BODY BACK** pieces (6). If you're making **JACK**, you may want to take a moment to sew the white **top stitching lines** to create his suit pinstripes.
- b. Align your two body back pieces with right sides facing and the raw edges matching up.



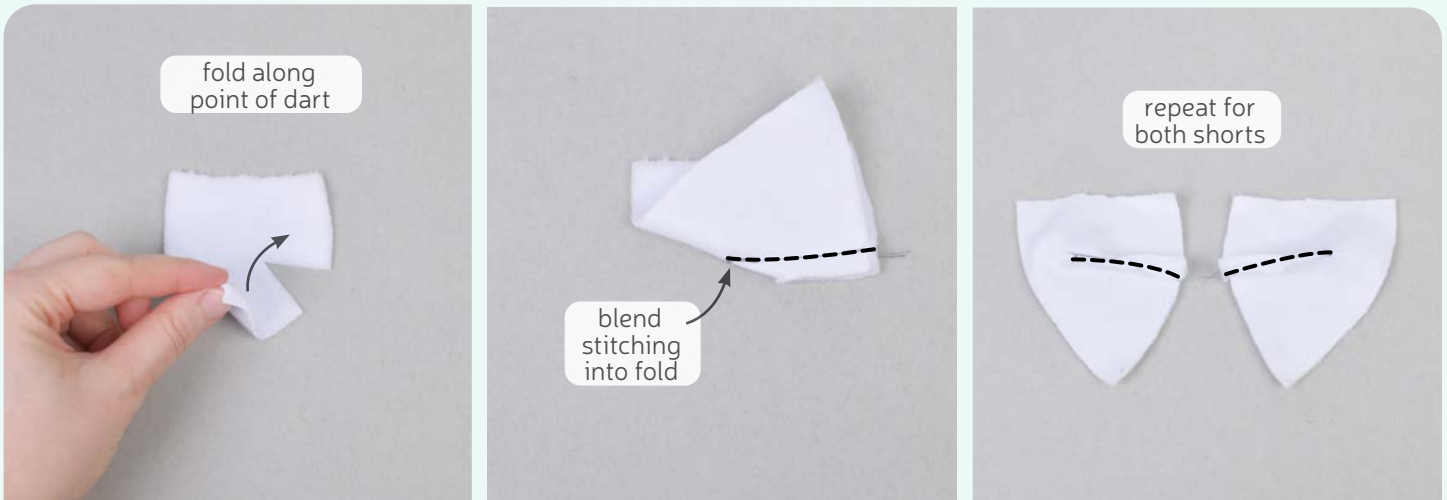
- c. Sew the body back pieces together along the **center back** edge. This edge is labeled on the paper pattern for easy identification. It also ends at **point 3** at the bottom corner.
- d. Open up the back pieces when complete.

→ Skip ahead to step 15 for **JACK**, or continue with step 12 for **SALLY**.

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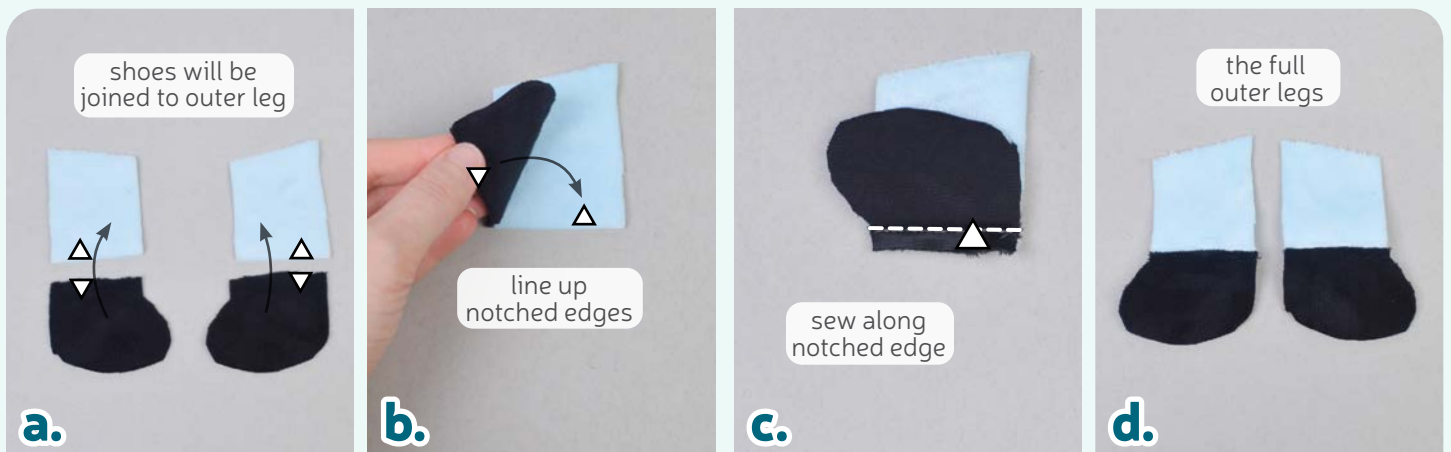
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## for sally:



## 12. SEW THE BOTTOM DART

- Grab your **SHORTS BACK** piece (B11). It also has a **dart** along the corner, similar to the head front. Fold it with right sides facing along the point of the **dart** so the slanted edges match up.
- Sew from the opening of the **dart** down to the point, and blend your stitching into the fold.
- Repeat with both back pieces so you have two sides.



## 13. ATTACH SALLY'S OUTER LEG SHOES

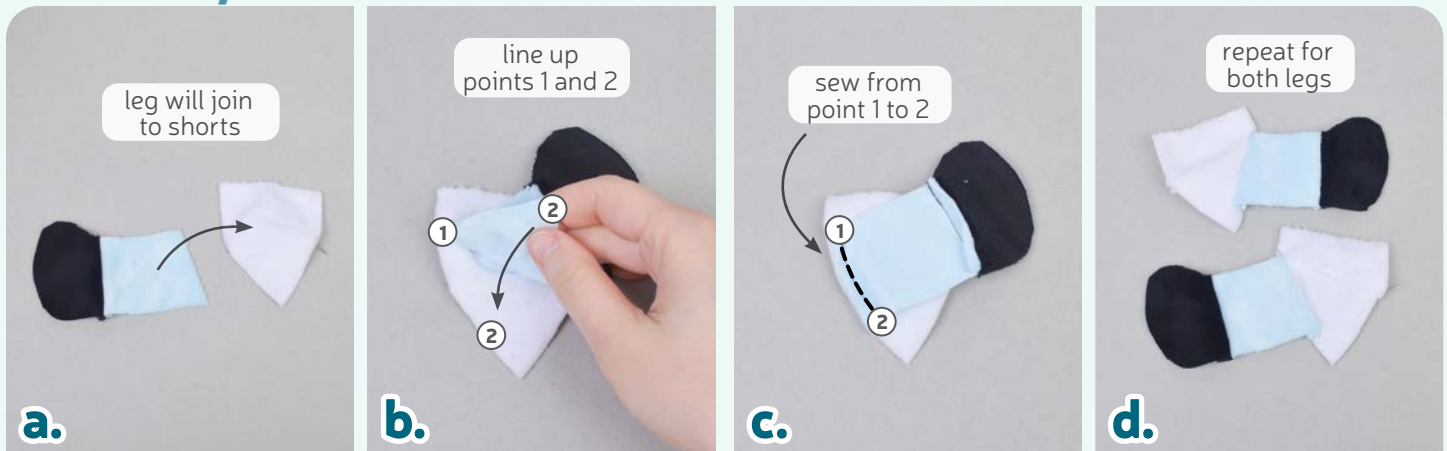
- Grab your **OUTER LEG** (B4) and your remaining **SHOE** pieces (B10). These pieces will be joined together next along the straight edges. These are marked with **notches** for extra help.
- Align the shoe with the outer leg along the **notched edge**. Pin the fabrics together.
- Sew the shoe to the outer leg along the **notched edge**.
- Open up the pieces for the complete outer leg.

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## for sally:



## 14. ATTACH SALLY'S OUTER LEGS

- a.** Grab your **SHORTS BACK** from before (B11) as well as your **OUTER LEG** (B7). We're going to be attaching these next. They're marked with **points 1 and 2** to show where things go and ensure the leg doesn't get flipped upside down.
- b.** Align your outer leg with your shorts back so right sides are facing and **points 1 and 2** align.
- c.** Sew the outer leg to the shorts back from **point 1 to 2**.
- d.** Repeat with both outer leg pieces so you have one for each side.



## 15. ALIGN THE CENTER BOTTOM

- a.** If you're making **JACK**, grab your **OUTER LEG** pieces (A7). You may want to take a moment to sew the white **top stitching lines** to create his suit pinstripes.
- b.** Align your two pieces with right sides facing and the raw edges matching up.

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## 16. SEW THE CENTER BOTTOM

- Sew the **outer leg** pieces (6) along the **center edge**. This is marked on the paper pattern for easy identification. But it also starts at **point 3** at the upper corner.
- Open up your leg pieces when complete.



## 17. ALIGN THE CENTER BACK

- Next we're going to join the **BODY BACK** (6) to the **OUTER LEGS** (7). This is done across the center back, but you'll find **point 3** at the center will match up on each side as well.
- Align the body back to the outer legs with right sides facing so the center seams and **point 3** match up.
- If you're making **JACK**, note that this will match up his coat tails along the center back as well. **Point 3** will still match up at the center seams.
- Align the points of jack's coat so right sides are facing and the tips match up.

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## 18. SEW THE CENTER BACK

- a. Sew the **BODY BACK** (6) to the outer legs across the center. Sew through **point 3** in the middle.
- b. For **JACK**, be sure to sew around all the pointed coat tails.
- c. Trim the excess seam allowance around the corners to reduce bulk and increase flexibility when the piece is turned.
- d. Turn the pieces right side out when complete.



## 19. SEW THE FRONT TO THE BACK BODY

- a. Grab the **FRONT** of the body that you finished back in step 10. We're going to join this to the **BACK** of the body in the next few steps. If you're a more experienced sewer, it can be tackled all in one step, but we're going to break it into several steps here.
- b. Align the **BODY FRONT** (3) with the **BACK** (6) along the side. This starts at the upper corner for the neck and down to **point 1** at the top of the **LEG**.
- c. Sew from the top of the body down to **point 1** for the first side of the body.

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- a.** Next, line up your **INNER LEG** (4) with the **OUTER LEG** (7). This should match up **point 2** at the other side of the leg.
- b.** Sew the inner leg to the outer leg all around the edge. Start at **point 1** and sew around to **point 2**.

## 20. SEW THE INNER TO THE OUTER LEG



- a.** Next, line up the center edges between the legs. This should line up **point 2** on the other leg.
- b.** Sew from the first **point 2** to the other **point 2** to sew across the space between the legs.
- c.** Lastly, repeat steps 19-20 on the other side of the body. Sew around the other leg and up the other side of the body. Trim the seam allowances around the corners like the feet and at **point 1**.

## 21. SEW THE REST OF THE BODY



→ **This completes the body! Next we're going to stuff and attach all the pieces.**

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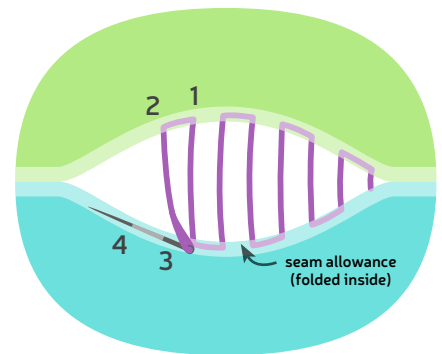
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## 22. STUFF THE HEAD

- Grab your sewn head from before. Begin stuffing it with stuffing. First off, be sure there is plenty of stuffing in the chin area so the **darts** don't look wrinkly or pointy.
- Next, fill up the rest of the face, making sure there's plenty around the forehead **dart** so it looks good and round.
- Lastly fill up the rest of the head until it's full and firm.



## 23. CLOSE UP THE HEAD

- Once the head is stuffed, make sure the seam allowances in the opening are tucked inside and prepare to ladder stitch it closed. Thread a hand-sewing needle and knot it at the end. Insert the needle from the inside of the opening and out of the plush near one edge of the opening. This will leave the knot inside the plush.
- Continue from here doing a ladder stitch. Take a 1/8" stitch into the fold of one side of the opening, then go across and take another. Keep going down the opening until you reach the end.

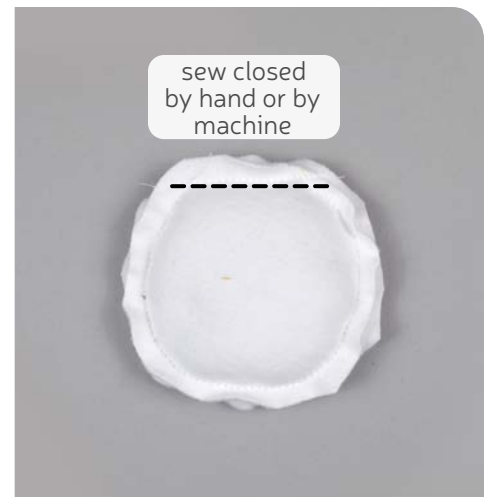
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- a. When you're finished, stitch a knot into the end of the seam. Then insert the needle near the finished knot and out of the plush about 1-2" away.
- b. Pull the thread through and hold it taut while snipping the thread. The excess thread should sink back inside the plush -- all hidden!



## 24. TRIM THE THREAD



## 25. SEW THE BEAN POUCH

- a. Grab your **POLY PELLET POUCH** pieces from your scrap fabric. Align the two pieces together with either side facing (doesn't matter). Sew the pieces together around the edge, leaving a 1-2" opening (also marked on the paper pattern) for filling the pouch.
- b. Get your poly pellets and a funnel (I prefer a spoon, but both work). Fill the pouch with poly pellets until it's not quite full.
- c. Stitch the pouch closed by hand using a back stitch for extra safety, or take it to your machine. Stitch it closed very slowly, using only the hand wheel if necessary. Sewing over a pellet will very likely break a needle.

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## 26. STUFF THE LEGS



- Grab your finished body from before and flip it right side out.
- Begin stuffing the body starting with the legs. Fill up the feet so they no longer have wrinkles. Then work up until the legs are full.
- Grab your **PELLET POUCH** and push it into the opening of your body.



## 27. FILL THE BODY



- Rest the **POUCH** at the bottom of the doll and towards the front to help prevent the doll from falling backward.
- If you're making **JACK**, make sure not to get much or any stuffing in the coat tails. It helps to massage the corners so it looks smooth.
- Lastly, fill up the rest of the body of the plush. Fill it as full as possible towards the neck, but you can also add more later.

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- a.** Grab your stuffed and sewn head from before. Align it over the body of your plush so they're both facing forward. For the look in the sample, ensure that the **side seams** match up. This will make the chin extend beyond the front a little bit. The pattern also has a **placement guide** for extra help.
- b.** Begin stitching the head to the body using a ladder stitch. Use long basting stitches for the first time around, about ½" long.



## 28. ALIGN THE HEAD



- a.** If your head is a little wobbly, you can add more stuffing into the neck before the seam is closed up.
- b.** Check the placement of your head to be sure you like it. If it looks even and symmetrical, secure the head by sewing around again with tinier, neater stitches for the second pass.



## 29. ATTACH THE HEAD



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## for jack:



## 30. ATTACH JACK'S HAND

- If you're making **JACK**, grab your **ARM** pieces (A5). You may want to take a moment to sew the white **top stitching lines** to create his suit pinstripes.
- Next, grab your **HAND** pieces (A8). These will be joining with the arm next.
- Align the inner curve of the hand with the outer curve of the arm so right sides are facing and the raw edges match up. Pin the fabrics together.
- Sew the hand to the arm piece. Repeat for the remaining pieces for two total. Open up the pieces when complete.

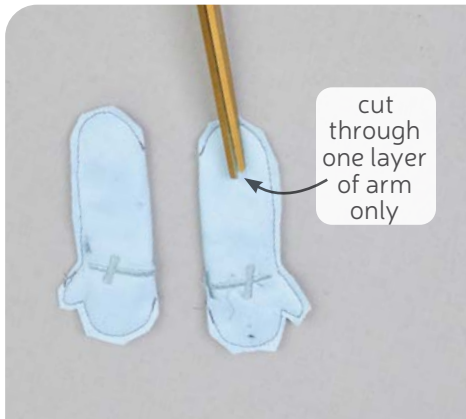


## 31. SEW THE ARM

- Grab your **ARM** so far (5). Fold it in half lengthwise to make it even skinnier. The right sides should be facing and the raw edges should match up.
- Sew the arm together along the outer edge. Start at the fold of the fabric and sew around the edge. Be sure to pivot at the thumb area as well. Then go around and end at the fold of the fabric on the other end.
- Trim the excess seam allowance around the curves and corners. This will help reduce bulk and increase flexibility when the piece is turned later.

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## 32. FLIP & STUFF THE ARM

- To turn the **ARMS**, you'll want to cut through one layer of the fabric only near the shoulder. There is also a **cutting guide** on the paper pattern for extra help. Be sure that the thumbs are pointing in opposite directions when you cut both arms so you have a mirrored pair.
- Turn the arms right side out through the openings in the shoulder.
- Stuff the arms semi-firmly so they fill up nicely.

- Take your stuffed **ARM** and align it over the side of your body so far. Make sure the cut side is facing the body and the thumb is pointing towards the front. The top of the arm should be about  $\frac{1}{4}$ " below the neck seam. Hold the arm in place by sticking pins through the shoulder and into the doll.
- Ladder stitch the arm to the body around the shoulder area. You'll want to stitch near the seam along the top of the arm. Then flip the arm upward to reach underneath the shoulder area.

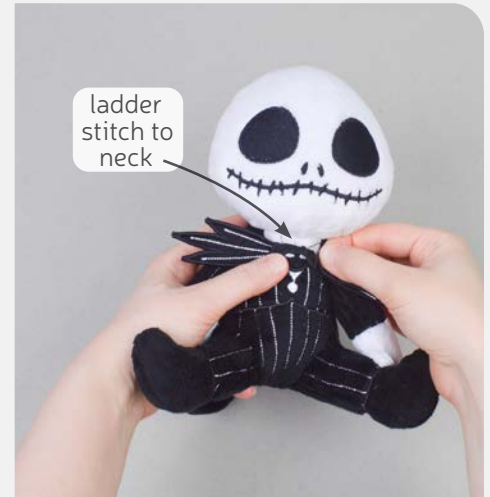


## 33. ATTACH THE ARM

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## for jack:



## 34. ATTACH JACK'S TIE

- a. For **JACK's** tie, grab your **TIE** piece (A9). If you haven't already, applique the **eyes** on your bow tie. You'll find the steps for that on pages 9-10. Also sew the **top stitching lines** for the bat wings using white thread.
- b. Take your tie and center it over **JACK's** neck.
- c. Secure the tie in place using a ladder stitch.
  - If you're making **JACK**, you're done! Continue below for **SALLY**.

- a. Grab your **HAIR** pieces (B8). These pieces have **darts** similar to the head and shorts from before. Just like before, fold the fabric along the point of the **dart** and match up the slanted lines so right sides are facing.
- b. Sew from the opening of the **dart** down into the fold of the fabric. Repeat with your remaining hair pieces so you have 4 **darts** total.

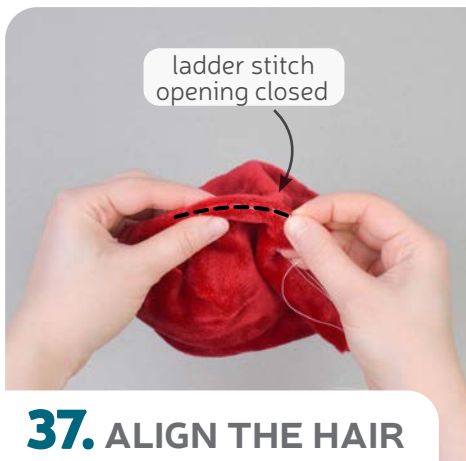


## 35. SEW THE HAIR DART

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- a. Take two of your **HAIR** pieces (B8) and align them with right sides facing and the raw edges matching up.
- b. If you haven't already, note the **opening for turning markings** found on the paper pattern for the hair. Transfer them over to the wrong side of the fabric. Sew the pieces together along the edge with the **dart**, but leave an **opening for turning** as you marked. Repeat with the other two pieces, but don't leave an opening.
- c. Take your two hair pieces and align them with right sides facing and the raw edges matching up.
- d. Sew them together all around the outer edge for the full hair piece.



### 37. ALIGN THE HAIR

- a. Trim the excess seam allowance around the corners of the **HAIR** (B8) to reduce bulk. Turn the hair right side out through the opening, then define the corners with a chopstick or similar turning tool. Sew the opening in the hair closed with a ladder stitch.
- b. Next, align the hair over the top of Sally's head. Allow it to rest snugly around the head so it hangs straight and frames her face. There is also a **placement guide** on the paper pattern for extra help.
- c. To hold it in place, you'll want to use pins stuck through the hair and into the head.

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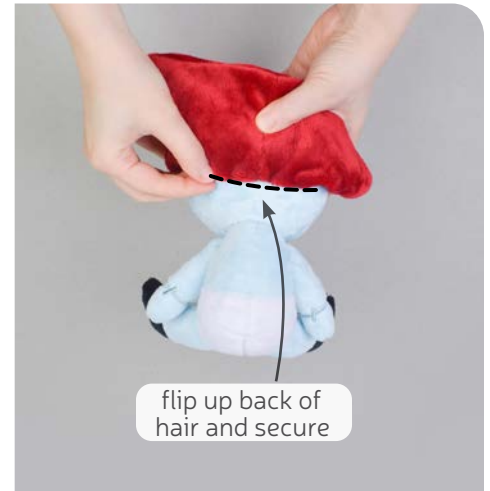
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- a. Grab a hand sewing needle and thread it. Use it to ladder stitch the outer edge of the **HAIR** to Sally's forehead. For best results, try to sew through the under layer only and don't allow your needle to pierce the upper layer.
- b. For extra security, you'll want to flip up the back of the hair and secure the underside of the hair to the back of the head as well.



### 38. SECURE THE HAIR



## SALLY'S DRESS

Sally's **DRESS** has a patchwork look. Many makers use custom printed fabric to achieve the same result. However here is an option to make it from scratch. That way you can use bits of cotton you might already have, or even use different colors!

So to make your own version from scratch, it uses a technique called **FOUNDATION PAPER PIECING**. This is typically used in quilting. But this version is slightly different to account for the varied shapes in Sally's dress.

Begin by grabbing your quilting cotton scraps. Also print off the **templates** for Sally's **DRESS FRONT** and **BACK**, found on **PAGES 41-42**. We'll actually be sewing onto the paper. For that reason, you don't need to use your best, sharpest needle for this.

### GRAB:

- a. Printed copies of the **DRESS FRONT** (B12) and both **DRESS BACK** pieces (B13).
- b. Your scraps of quilting cotton: yellow, pink, teal, and black.
- c. Black fabric marker.



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### 39. BEGIN THE PATCHWORK

- Begin with your **dress front template** and one of your yellow scrap pieces. Look for **section #1** of the dress front. Make sure your yellow scrap piece is as big as this section by layering it over.
- When you're familiar with the location of **section #1**, move the fabric to the opposite side of the paper so it still covers **section #1**. You can hold the paper against a light and it will help to see the outlines of **section #1**.  
The right side of the templates should be facing **UP**. And the right side of the fabric should be facing **DOWN**. Pin the fabric to your paper.
- Take the paper and fabric to your machine and stitch the fabric to the paper using the outline marked on the paper. For best results, use a slightly shorter stitch length (about 1-1.5mm). This will make removing the paper easier later.



### 40. ADD THE SECOND LAYER

- Grab one of your teal squares. Repeat step 39 with your next piece of fabric over **section #2**. Layer it beneath the fabric so it covers the outlines of **section #2**. Once again, make sure the right side is facing down.
- Sew the fabric to the paper around the outline of **section #2** on the paper.
- Now flip your paper over and trim the teal fabric where it overlaps with the yellow fabric. Don't trim anywhere else as we'll need that extra fabric for other layers.

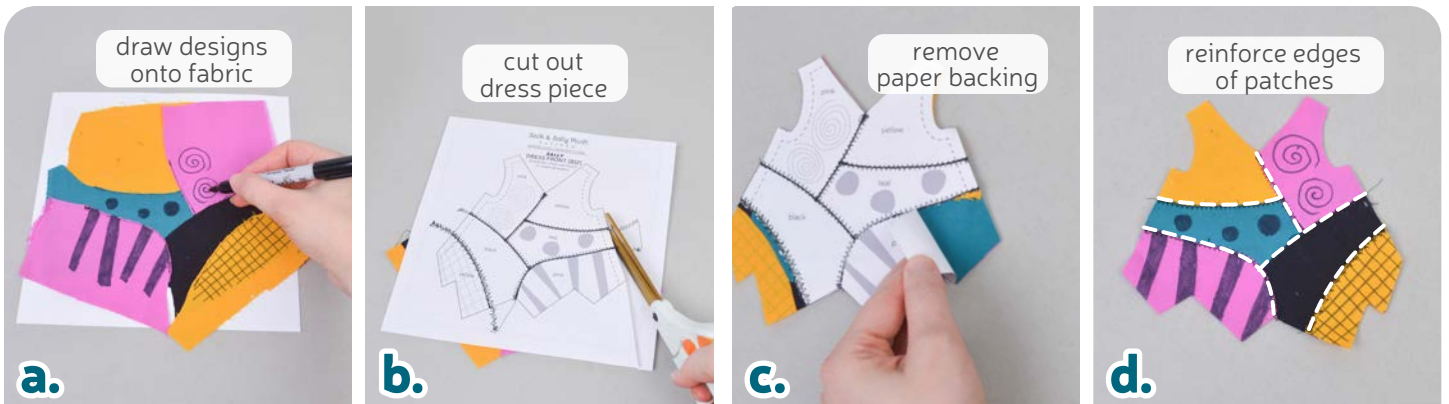
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## 41. ADD THE FINAL PIECES

- Repeat step 40 continuing with the sections of the dress, going in order as listed on the paper. It should be pink for **section #3**, and black for **section #4**. Continue trimming the fabrics that layer over the previous fabric to get the right shapes.
- Finish up the sections by doing yellow for **section #5** and pink for **section #6**.
- When complete it should look something like the last photo.



## 42. DRAW ON THE FABRIC

- When all of your patches are secured to the paper, you can now draw in the patterns to the fabric. A fabric marker would be great here, but even a Sharpie could work. Draw the designs on each section of the fabric following the guides on the template. Be sure to do this over scrap paper since the marker may bleed through to your work table.
- Cut out the dress piece by using the outline of the paper as a guide.
- Flip your dress piece over and tear away the excess paper from the back.
- To finish the piece, you'll want to stitch along the edge of each of the patchwork pieces. This will help secure the layers to be extra sure they don't come apart. You could use a zigzag stitch here, or a decorative machine stitch would also look nice.  
Repeat steps 39-42 for your **DRESS BACK** pieces. Use the paper templates as your foundation and the remaining cotton scraps to build them.

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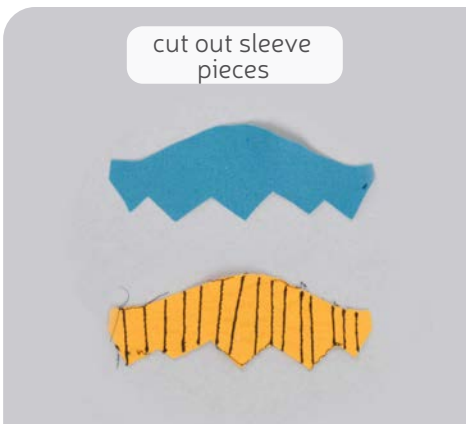
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## 43. SEW THE SHOULDERS

- Grab your sewn **FRONT** and **BACK** pieces (B12 & B13). We're going to attach them first at the shoulders. This is the short straight edge above the **armholes**. Align the back pieces to the front at the shoulders so right sides are facing and the center back edges point towards each other.
- Sew the back pieces to the front along the shoulder edges. You can finish the seams to prevent them from raveling. You can sew a zigzag stitch near the raw edge, use pinking shears, or use fray block.
- Open up the pieces and press the seam allowance toward the back.



## 44. PREP THE ARM HOLES

- If you haven't already, cut out the **SLEEVE** pieces (B14) from the last of your cotton scraps. Sally has one teal sleeve and one yellow sleeve with drawn stripes.
- Next is to attach the sleeve to the armhole of the dress. The tight curve with the shoulder seam in the middle is the shirt **armhole**. This will attach to the upper curve of the sleeve (called the sleeve cap).
- To help the armhole fit along the sleeve better, it helps to make small clips into the seam allowance of the **armhole**. This will allow the curves to stretch and bend better.

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## 45. ATTACH THE SLEEVES

- Stretch and bend the **armhole** to fit around the upper curve of the **SLEEVE** (B14). Pin the fabrics together.
- Stitch the armhole to the sleeve along the curved edge. Because the curve is so tight, move ½" at a time and shift the fabric a lot to avoid puckers. Finish the seam when complete, and press the seam allowance toward the dress.
- Repeat with your remaining sleeve so both sides of the dress have sleeves attached.



## 46. SEW THE SIDES

- Take your dress so far and fold the **FRONT** (B12) down to meet the **BACK** (B13) with right sides facing. This will also fold the **SLEEVES** (B14) in half. Match up the short side edges of the sleeve and the sides of the dress front and back. The armhole seam from step 45 should match up as well.
- Sew the sleeve and side at the same time by stitching down the sleeve, pivoting at the armhole, and going down the side of the dress. Finish the seams if desired. Clip into the seam allowance at the corner between the sleeve and side to increase flexibility when the piece is turned.
- Turn the piece right side out when complete.

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**47. FINISH THE BACK EDGE**

- a.** Take the center back edges of your dress and fold them over with wrong sides facing by about 5/8".
- b.** Press the fold in place so it looks crisp. Repeat on the other side.
- c.** Put the dress on your doll and overlap it in the back. Here you can test the fit. It should overlap by about 1/2". If it overlaps too much, you can increase the previous fold. If it overlaps too little, you can decrease the previous fold down to 1/4" or so.
- d.** Once the dress fits nicely, you can add the closure. Here, narrow hook-and-loop tape for dolls is used. Secure the scratchy side onto the inside of the dress on one edge. Sew around the edge of the tape. Secure the fluffy side of the tape on the outside of the dress on the other side. This will allow the edges to overlap when the dress is put on.



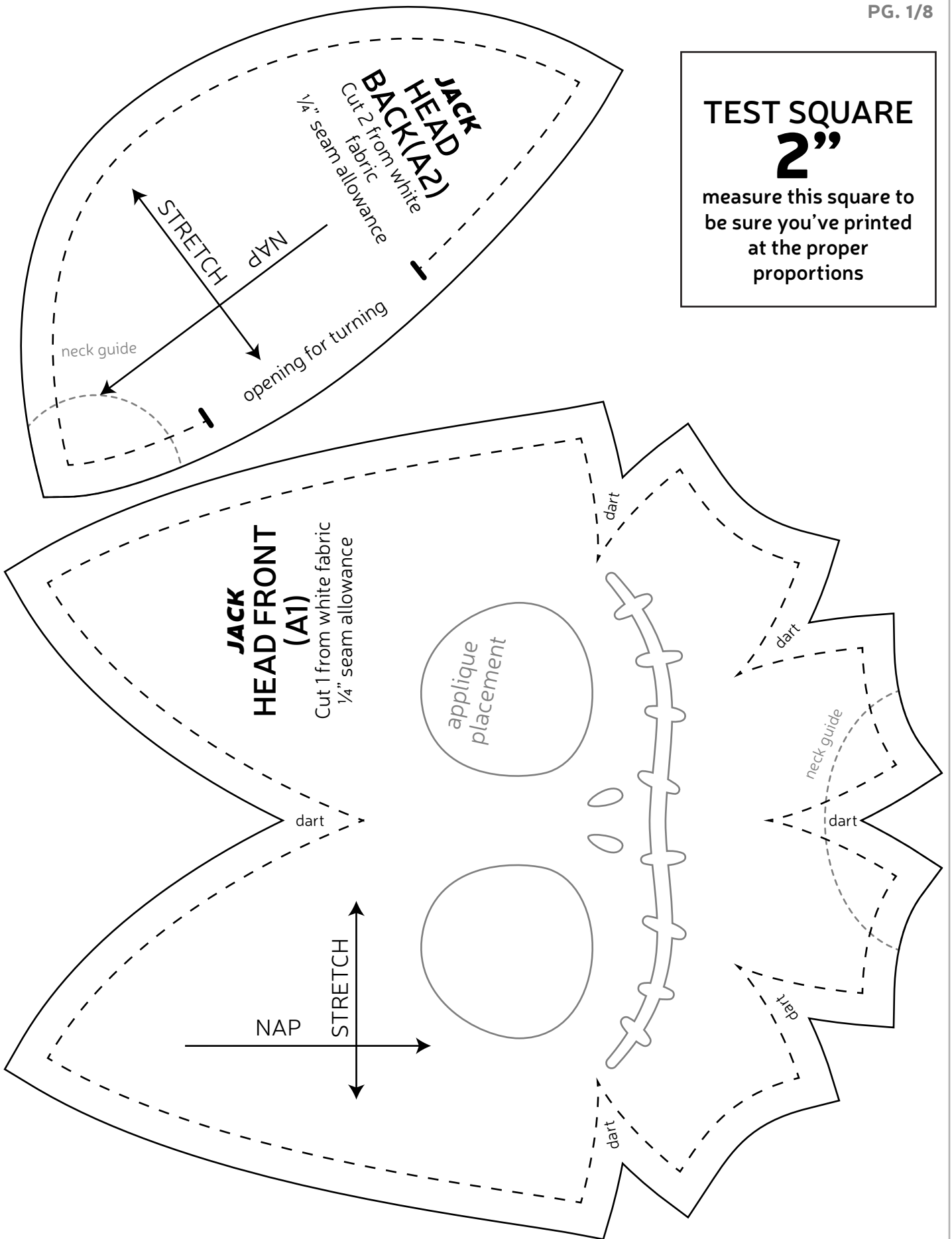
**CONGRATS!**  
This completes your  
plush! Now give it a  
big hug!

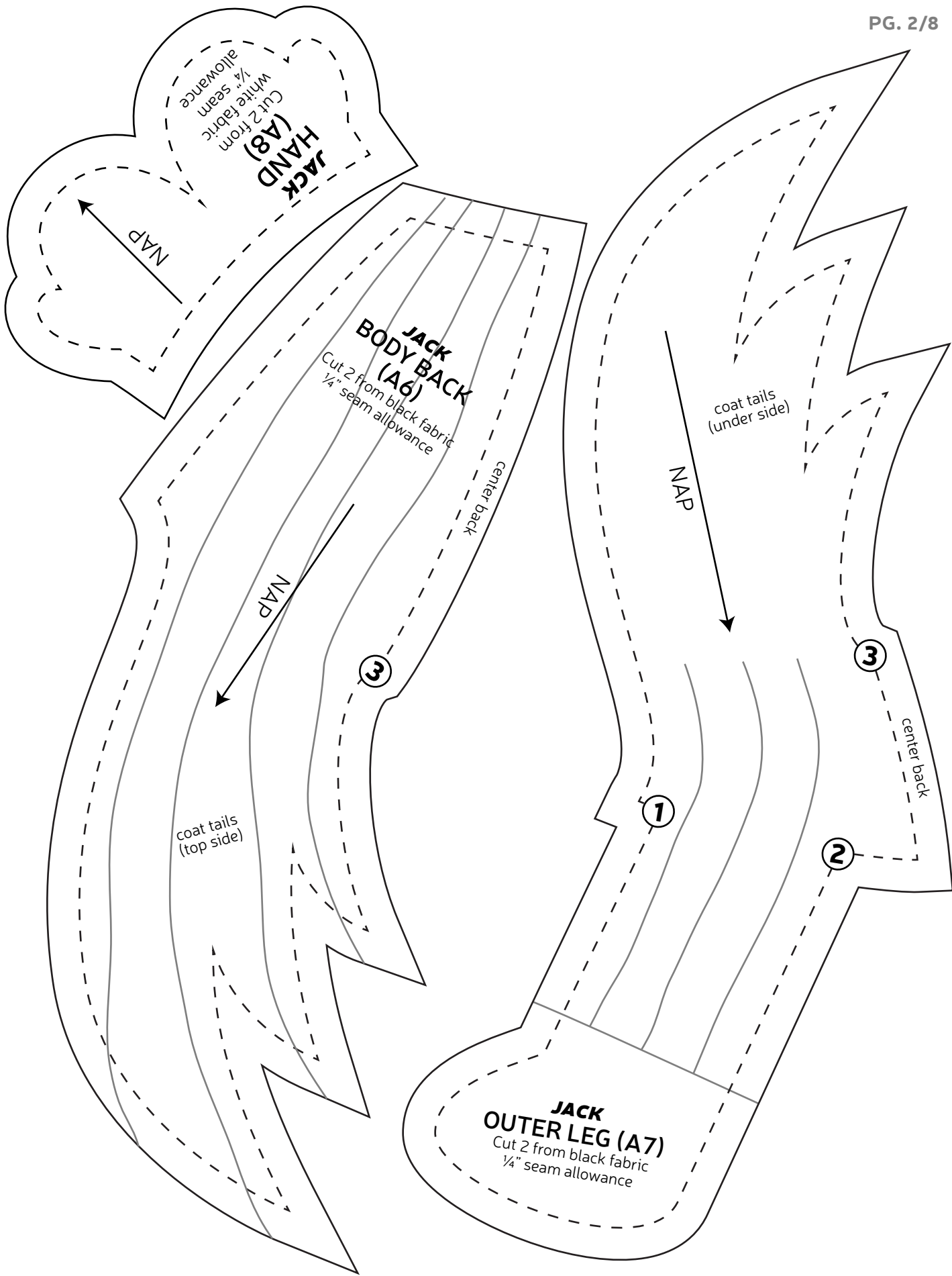
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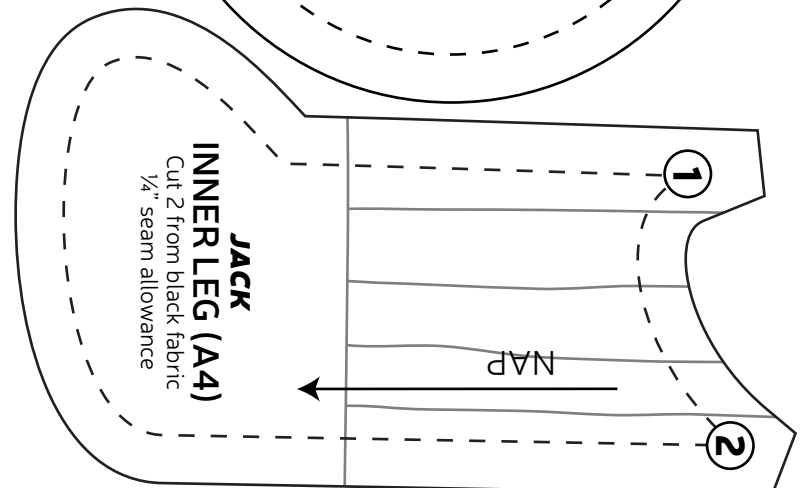
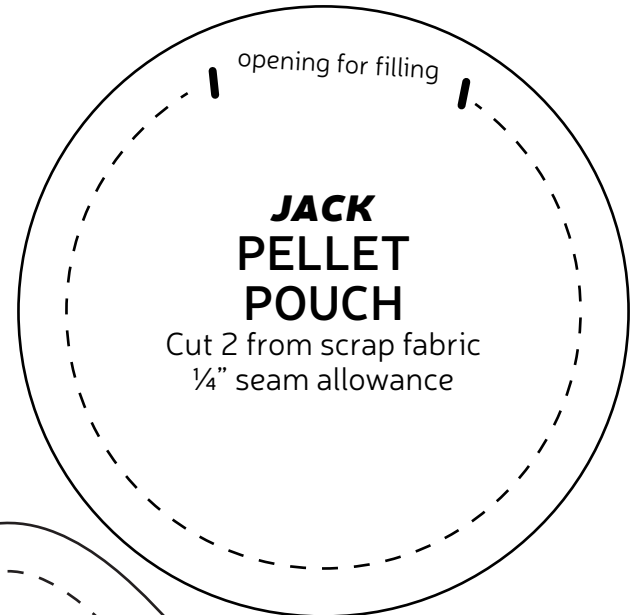
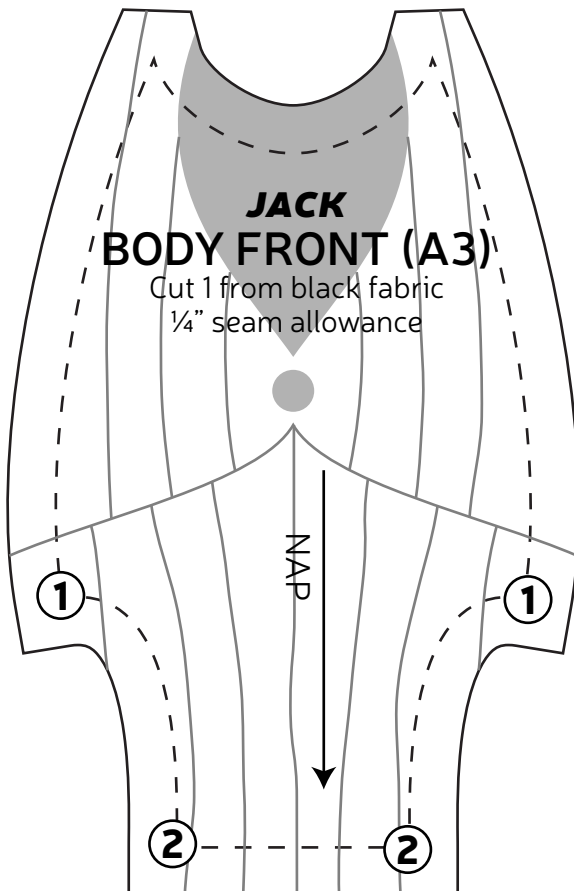
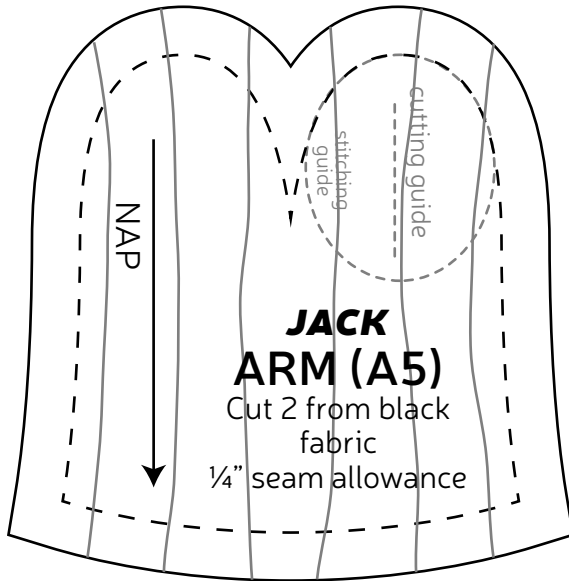
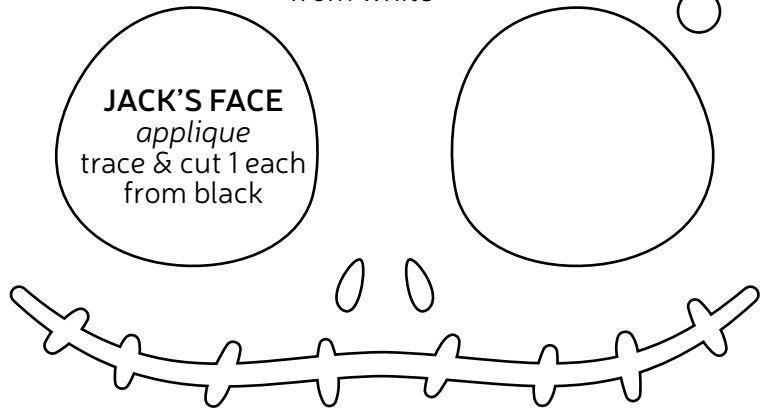
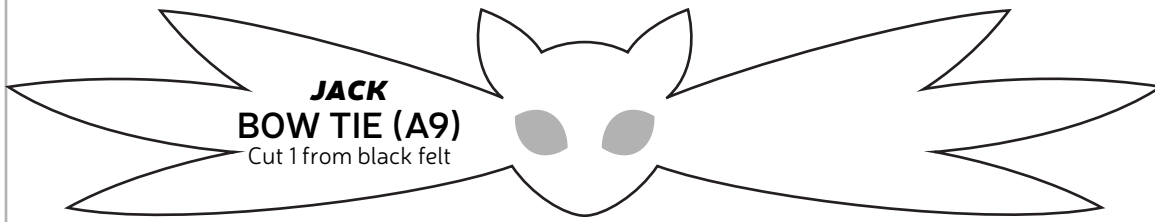
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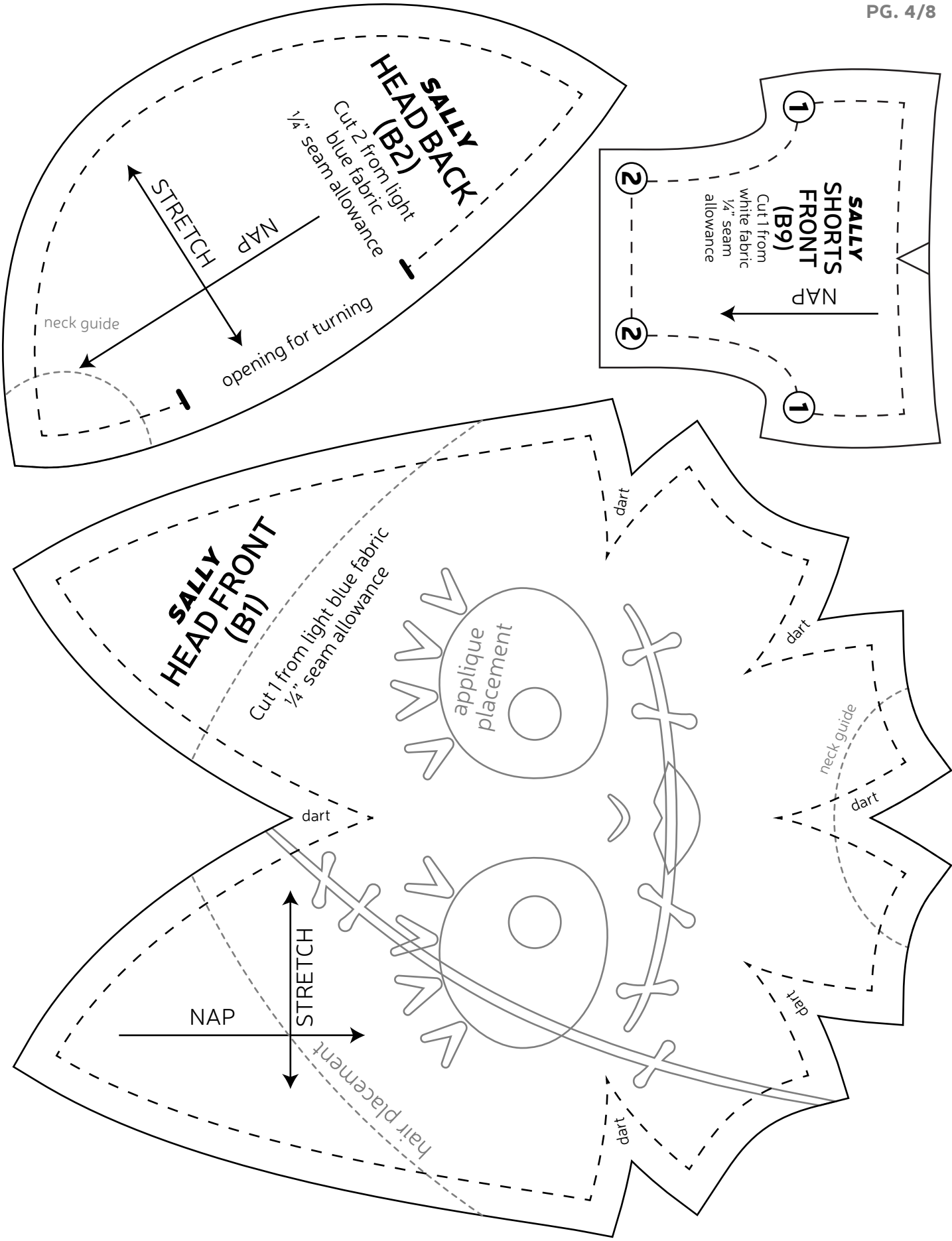
measure this square to be sure you've printed at the proper proportions

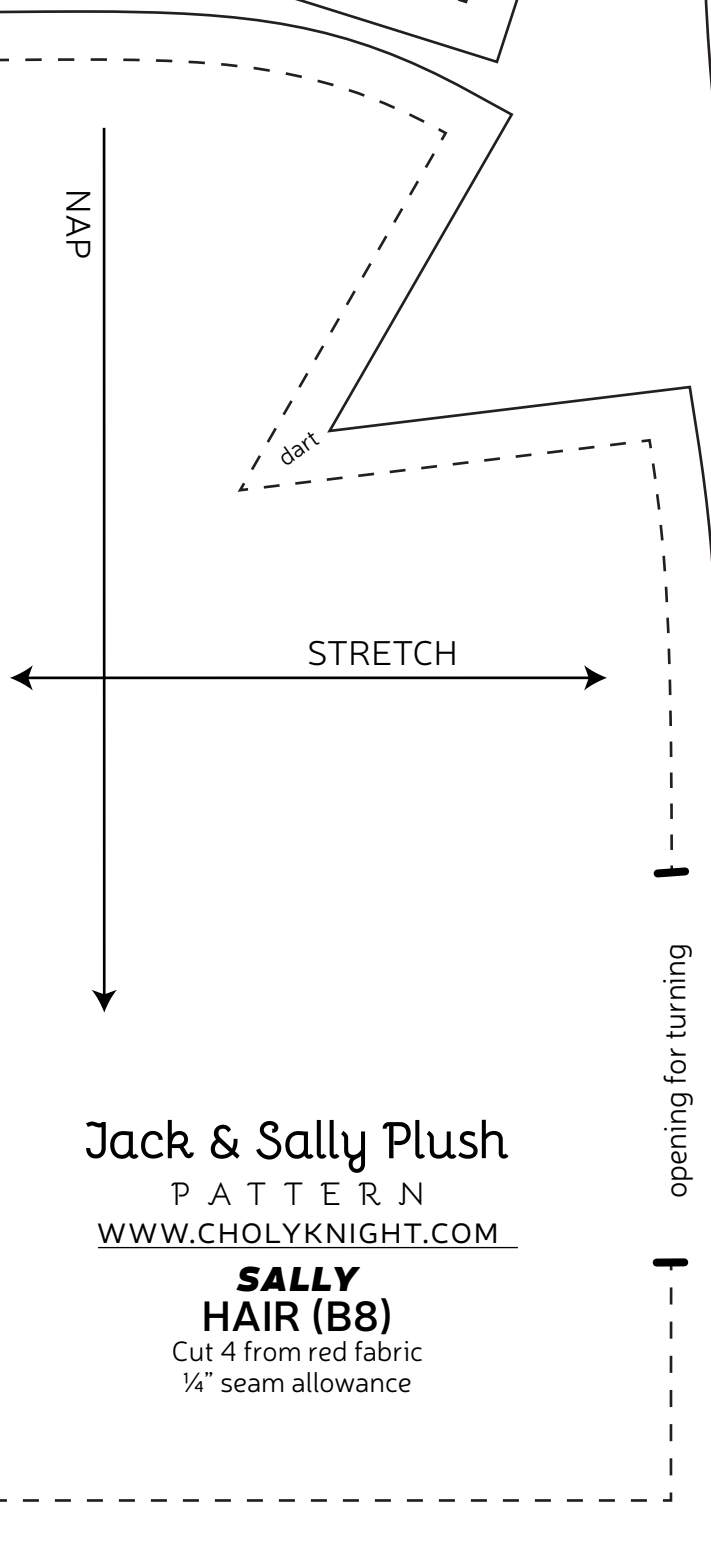
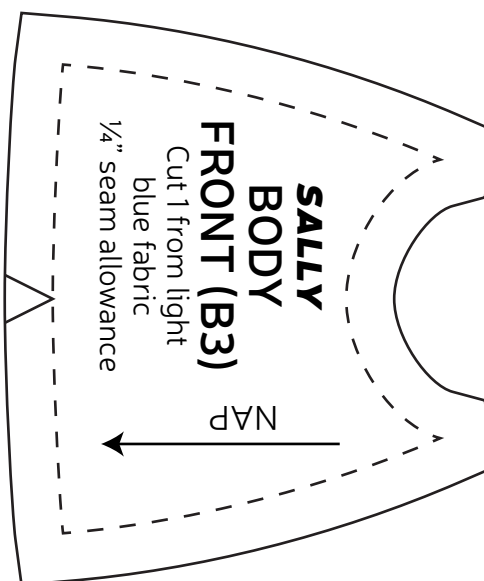
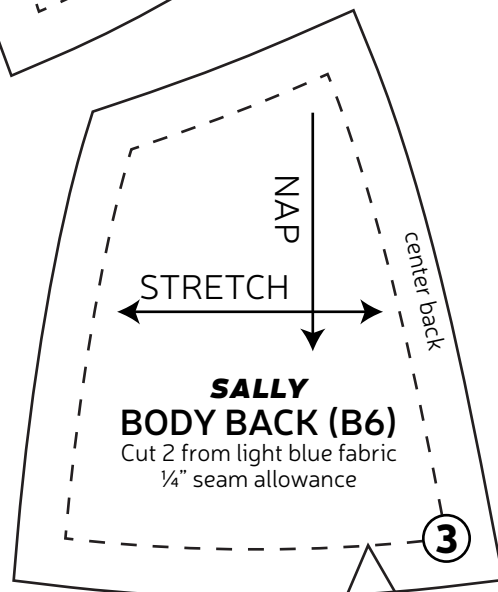
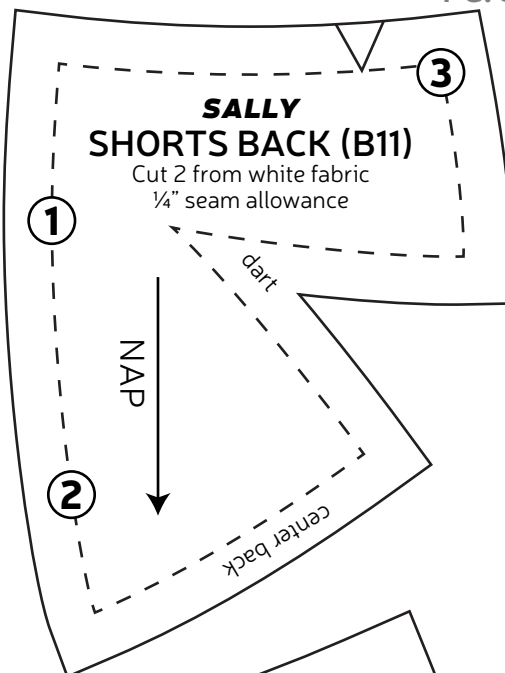
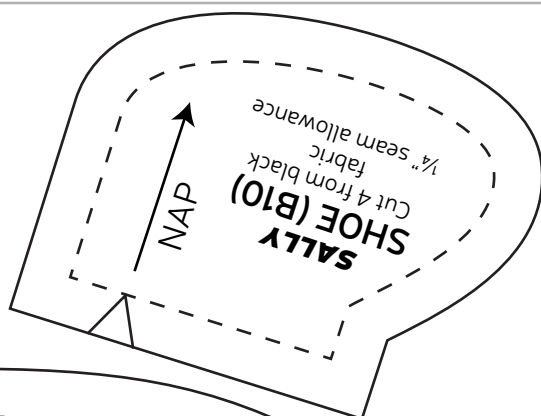












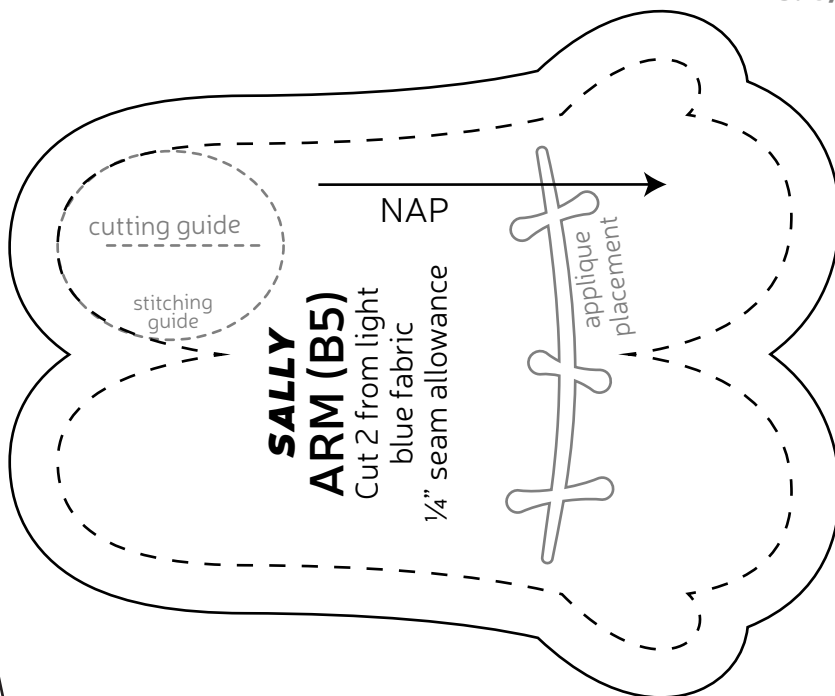
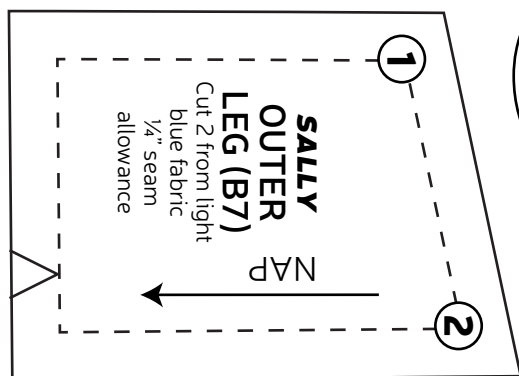
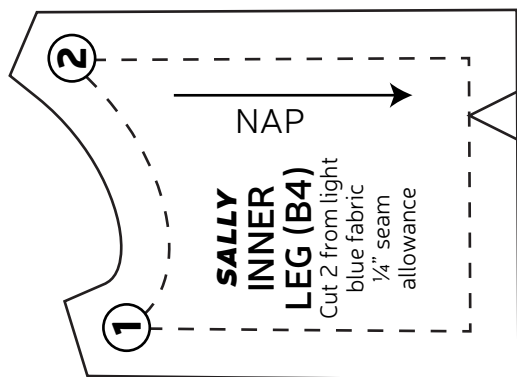
Jack & Sally Plush

PATTERN

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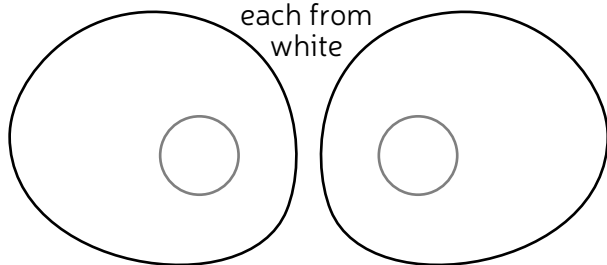
**SALLY  
HAIR (B8)**

Cut 4 from red fabric  
1/4" seam allowance



### SALLY'S EYES

*applique*  
trace & cut 1  
each from  
white



### SALLY'S NOSE

*applique*  
trace & cut 1 from  
medium blue



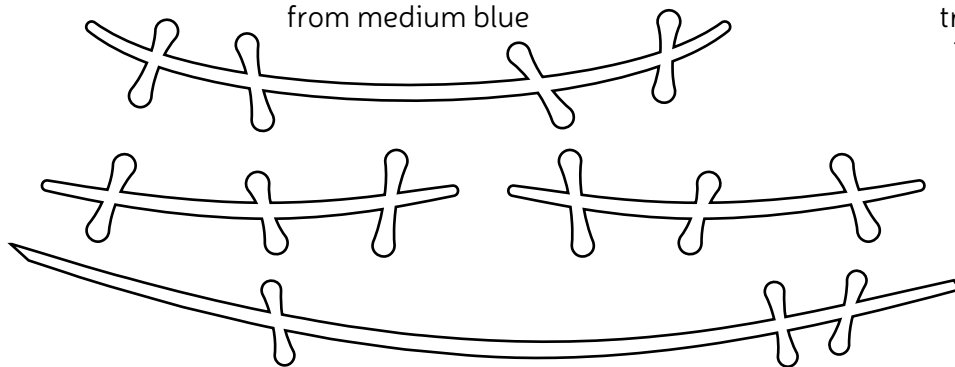
### SALLY'S PUPILS

*applique*  
trace & cut 2  
from black



### SALLY'S STITCHES

*applique*  
trace & cut 1 each  
from medium blue



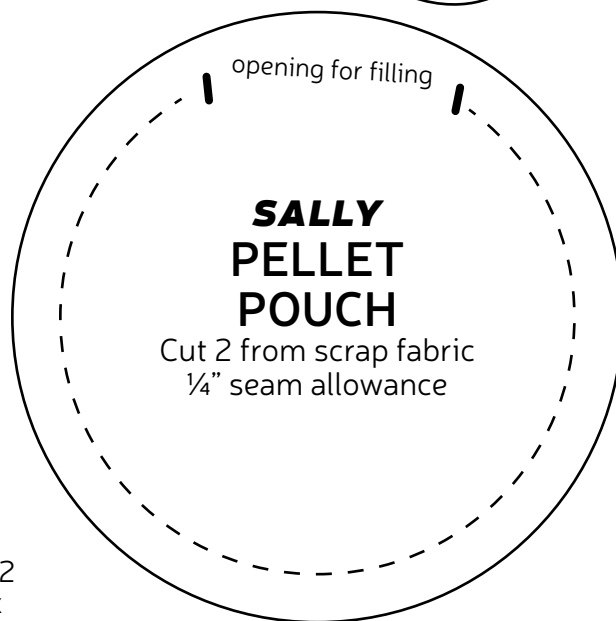
### SALLY'S EYELASHES

*applique*  
trace & cut 8  
from black



### SALLY'S LIPS

*applique*  
trace & cut 1  
from red



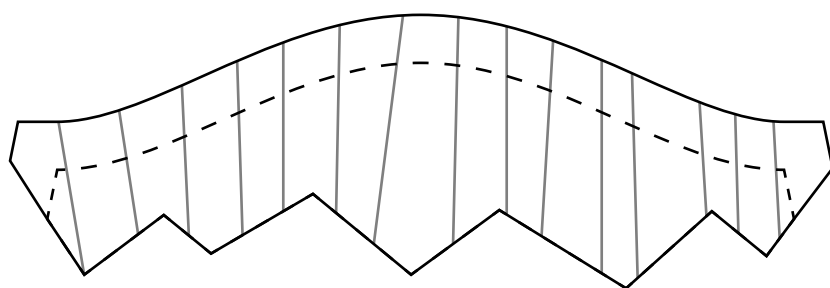


# Jack & Sally Plush

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## **SALLY** DRESS SLEEVE (B14)

Cut 1 from teal  
 Cut 1 from yellow  
 1/4" seam allowance

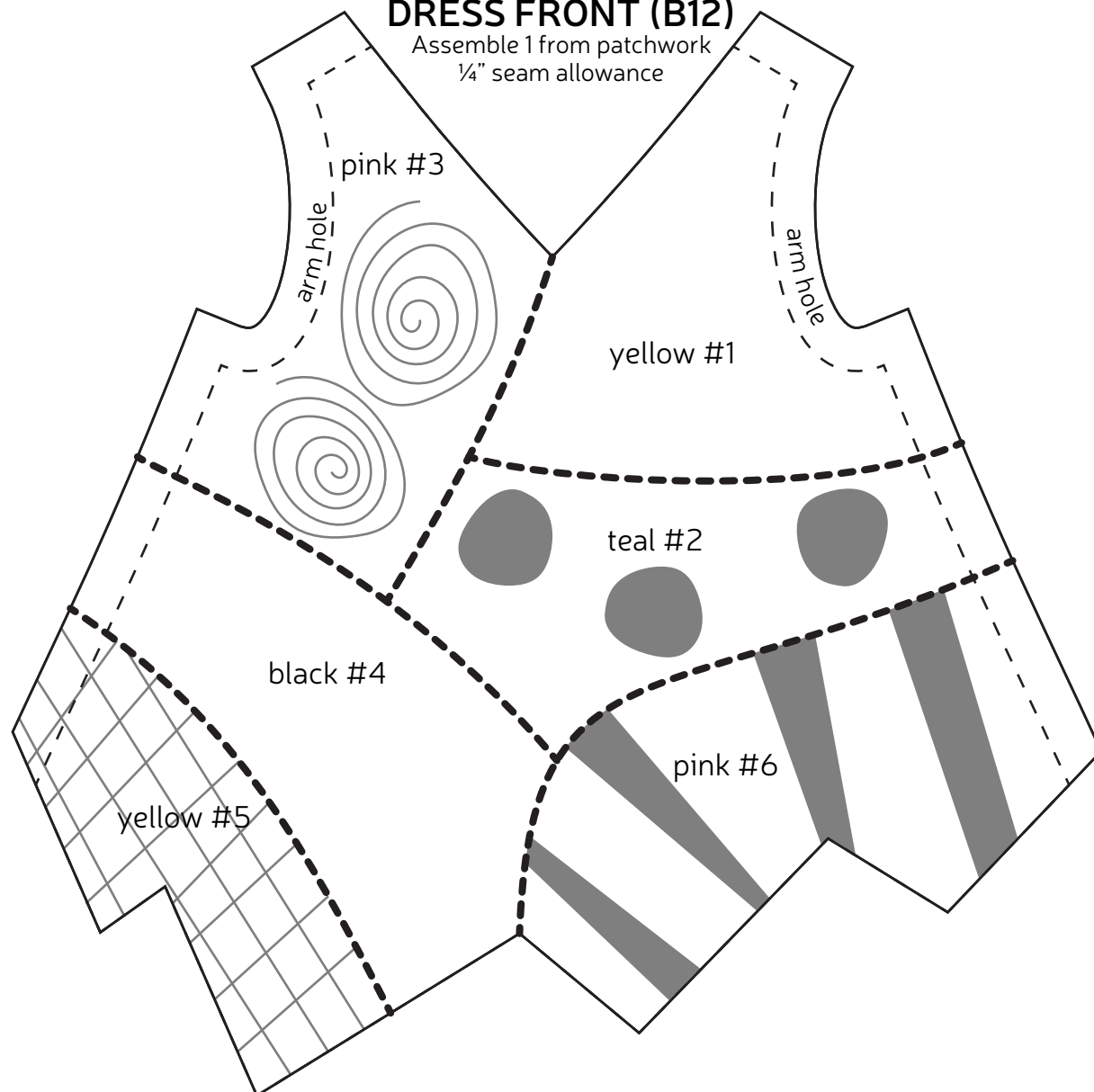


# Jack & Sally Plush

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## **SALLY** DRESS FRONT (B12)

Assemble 1 from patchwork  
 1/4" seam allowance



# Jack & Sally Plush

P A T T E R N  
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## **SALLY** **DRESS BACK (B13)**

Assemble 1 each from patchwork  
1/4" seam allowance

